## Appendix D: Flood Response Plan Guidance and Structure



# Broads Authority Flood Response Plan Guidance and Suggested Structure

## **Chapter 1: Flood Response Plan Guidance**

# 1. Introduction

This guidance has been prepared for the purpose of assisting the preparation of Flood Response Plans (FRP). Such Plans should be provided as part of a Flood Risk Assessment where this is necessary to accompany a planning application or, if not submitted with an application, are often required by planning condition if permission is issued. All residents and businesses in flood risk areas are encouraged to prepare and maintain a Flood Response Plan so they are prepared in the event of a flood.

Floods present a danger to health and life and can damage property. It is important to be prepared in advance to limit the dangers and damage. At times of flooding, emergency and other local services will be under significant pressure and the better prepared you are as an individual, the less pressure they will be under so they can attend to the most vulnerable in the community. Even if you are not physically injured in a flood, the consequences can have an emotional impact due to the shock and disruption and damage to, or loss of, property and possessions. Being proactive and having a Plan you are familiar with in advance can help you take prompt, effective action when warnings are issued and enable an easy and efficient recovery.

Every effort has been made to ensure this guidance is accurate and comprehensive as at the date it was prepared, however it is the responsibility of the developer to ensure that any additional risks relevant to a particular property development are fully considered. The Broads Authority will not accept responsibility for any errors, omissions or misleading statements in this guidance or for any loss, damage or inconvenience caused as a result of relying on this guidance.

## 2. Flood Response Plans - considerations

The Environment Agency is responsible for the provision of flood warnings to the public. Anyone can register with the Environment Agency's flood warning service 'Floodline Warnings Direct<sup>1</sup>'. The Floodline Warnings Direct (FWD) service provides information concerning the current and future flooding danger. In the event that flooding in your area is anticipated, the Environment Agency will issue a flood warning to registered users by telephoning a pre-arranged number with a recorded message or by sending a text or email.

<sup>&</sup>lt;sup>1</sup> Register With Floodline Warnings Direct <a href="https://fwd.environment-agency.gov.uk/app/olr/register">https://fwd.environment-agency.gov.uk/app/olr/register</a>

The 3 flood warning codes are shown below. You can go to the Flood Information Service<sup>2</sup> to see what warnings are in place around the Country.



Severe Flood Warning Severe flooding. Danger to life.



Flood Warning
Flooding is expected.
Immediate action required



Flood Alert
Flooding is possible.
Be prepared

When drafting a FRP you are strongly encouraged to liaise with the owners/occupiers of any neighbouring and nearby sites to coordinate procedures and so minimise confusion during an incident.

FRPs should reflect the fact that people should evacuate *prior* to a flood occurring. Once an area has been *inundated* by flooding, staying put rather than evacuating, could be the safer option in the because of the dangers of moving in flooded areas such as lifted manhole covers and contaminated water. It is important to note that in the Broads area, flood waters may take a longer time to subside which can cause difficulties for those taking refuge within buildings. Your FRP should reflect the local circumstances.

Consideration should be given to informing appropriate response organisations, such as Social Services, about any elderly or vulnerable people who may require extra assistance in the event of an emergency such as a flood.

Ensure that the FRP deals with the potential difficulties involved in immediate evacuation which may need to be carried out in inclement weather and require the provision of transport to reach local authority designated rest centres.

Particular attention should be given to the communication of warnings to vulnerable people including those with impaired hearing or sight and those with restricted mobility.

## 3. Other sources of useful information

Emergencies web pages of the County and District Councils contain useful information which you may wish to consult/refer to in your FRP:

- Norfolk County Council:
   <a href="http://www.norfolk.gov.uk/safety">http://www.norfolk.gov.uk/safety</a> emergencies and accidents/index.htm
- Suffolk County Council and Waveney District Council: <a href="https://www.suffolk.gov.uk/emergency-and-rescue/">https://www.suffolk.gov.uk/emergency-and-rescue/</a>
- South Norfolk Council: http://www.south-norfolk.gov.uk/environment/1507.asp
- Broadland Council:

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https://flood-warning-information.service.gov.uk/

http://www.broadland.gov.uk/environment/316.asp

Norwich Council:

https://www.norwich.gov.uk/info/20226/emergency\_planning

North Norfolk Council:

https://www.northnorfolk.org/environment/18874.asp

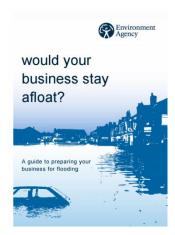
Great Yarmouth Council:

http://www.great-yarmouth.gov.uk/article/2512/Emergency-planning

#### 4. Your Flood Response Plan

Flood Response Plans may be different for different buildings. This would reflect the time of day someone might be there, how many people are in or around the building and what the building is used for.

- Businesses can follow the Environment Agency's guide 'Would your business stay afloat? A guide to preparing your business for flooding'<sup>3</sup>.
- Community organisations can follow the Environment Agency's guide 'Flooding minimising the risk. Flood plan guidance for communities and groups. Practical advice to help you create a flood plan<sup>14</sup>.





The following suggested structure is for the production of Plans for residential, holiday and other development which includes overnight accommodation.

https://www.gov.uk/government/uploads/system/uploads/attachment\_data/file/410606/LIT\_5284.pdf

<sup>&</sup>lt;sup>3</sup> would your business stay afloat?

<sup>&</sup>lt;sup>4</sup> Flooding - minimising the risk

# **Chapter 2: Suggested structure for your Flood Response Plan**

#### 1. Introduction

- Describe the location of the site fully and accurately.
  - State the name and address of the property.
  - Attach a site plan to identify the location and size of the site.
  - o Identify what type of development it is (a residential dwelling, holiday let, second home, etc.) and the size (number of storeys, number of bedrooms, any outbuildings, etc).
  - Identify where the access into the site and into the building is will this be safe at times
    of flood? If not, are there other safe accesses that can be used?
  - Identify where people could safely be rescued from in an emergency if a flood occurs before the building is evacuated (safe refuge).
- Identify potential sources of floodwater and what to look out for.
- What timescale are people likely to have to respond to flood warnings?
- State who will be responsible for implementing the Flood Response Plan and who will review it and how regularly.
- State which flood zone the site is in (as identified in a Flood Risk Assessment or on the Environment Agency's website<sup>5</sup>). A flood zone identifies how likely the site is to flood.

## Zone 1: Low Probability of flooding

Land having a less than 1 in 1,000 (0.1%) annual probability of river or sea flooding.

## Zone 2: Medium Probability of flooding

Land having between a 1 in 100 (1%) and 1 in 1,000 (0.1%) annual probability of river flooding; or

Land having between a 1 in 200 (0.5%) and 1 in 1,000 (0.1%) annual probability of sea/tidal flooding.

## Zone 3a: High Probability

Land having a 1 in 100 (1%) or greater annual probability of river flooding; or Land having a 1 in 200 (0.5%) or greater annual probability of sea/tidal flooding.

## Zone 3b: The Functional Floodplain

This zone comprises land where water has to flow or be stored in times of flood, during a flood event with an annual probability of 1 in 20 (5%) or greater.

#### 2. Warning arrangements

- Is the site registered with the Environment Agency's Floodline Warnings Direct service?
- Who receives these warnings and how? What if they are away?
- Where will a copy of this Plan be kept? How will all residents/tenants know where to find it?
- How will response organisations (like the police and fire service) be made aware of elderly or vulnerable people who may require extra assistance in the event of an emergency such as a flood?

# 3. Instructions to residents/tenants in the event of a flood warning

<sup>&</sup>lt;sup>5</sup> Long term flood risk assessment for locations in England http://watermaps.environment-agency.gov.uk/wiyby/wiyby.aspx?topic=floodmap#x=357683&y=355134&scale=2

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The plan needs to set out clear instructions and actions for each stage of warning. This needs to form an easy-to-refer-to plan that can be followed in an emergency, providing all the necessary information and identifying who is responsible for doing what.

It needs to identify at which stage the property should be evacuated, how and where to. A plan showing a safe exit route needs to be included.

If refuge is to be taken within the property, the plan needs to identify the circumstances when this should take place, where there is safe refuge and where any resources such as a flood kit (see below) will be found. Single storey properties may not have a place of safe refuge, so evacuating at an early stage to a safe place is more important.

The following table shows the stages of flood warning. What will you do at each stage?	
Flood Alert Flooding is possible. Be prepared.	<ul> <li>How will you respond to this alert?</li> <li>What will you need to do to be prepared?</li> <li>Is any other action necessary?</li> <li>Who do you need to tell there is an alert in place? What will they need to do?</li> </ul>
Flood Warning Flooding is expected. Immediate action required.	<ul> <li>How will you respond to this warning?</li> <li>What is the immediate action you need to take?</li> <li>Who do you need to tell there is a warning in place? What will they need to do?</li> </ul>
Severe Flood Warning Severe flooding. Danger to life.	<ul> <li>How will you respond to this severe warning?</li> <li>What action(s) do you need to take?</li> <li>Who do you need to tell there is a severe warning in place? What will they need to do?</li> </ul>
Warnings no longer in force - no flooding occurred	<ul><li>How will you know when warnings are no longer in force?</li><li>Who do you need to tell the danger has passed?</li><li>What action is necessary?</li></ul>
Warnings no longer in force - flooding has occurred	<ul> <li>How will you know when warnings are no longer in force?</li> <li>Who do you need to tell the danger has passed?</li> <li>What action is necessary?</li> <li>Re-occupation of flooded premises should only be carried out following consultation with the emergency services and appropriate authorities. This is because of any residual hazards. Identify who needs to be consulted, when and how.</li> </ul>

# **Chapter 3: Important Considerations for your Flood Response Plan**

The following considerations may be of relevance and importance to your Flood Response Plan. They could help reduce the impact of a flood on people and property. A comprehensive and effective Plan should identify all actions that would be necessary before, during and after a flood event.

## **Be Proactive**

- Do not wait for a flood be proactive and consider what can be permanently moved to a safer higher level. Produce a checklist of remaining items that must be moved if there is a flood event. E.g. important documents, IT or vehicles.
- Check your insurance policy covers flooding.
- Look at the best way of stopping floodwater entering your property. There are a range of flood
  protection products on the market, a directory of these is available from the National Flood
  Forum at <a href="https://www.bluepages.org.uk">www.bluepages.org.uk</a>
- Find out where you can get gel bags if you are in a fresh water area.
- Identify who can help you and who you can help.
- Understand the different flood warning levels.

#### **Familiarisation**

- Emphasise the need to be familiar and comfortable with the Plan and its contents.
- Consider practicing your response to warnings and how to evacuate.
- Become familiar with the safest route from the property to any local evacuation centre.
- Get to know your local volunteer Emergency Co-ordinator ask the Emergency Planning Team at your local District Council for details.

## Actions to consider (to identify at each stage of warning)

The plan should identify which actions will be undertaken when a flood alert is issued, which will be done when a flood warning is issued, etc.

- Check at what time the flooding is expected. If the site is vulnerable to tidal flooding, there can be 6 to 12 hour warning.
- Stay calm and tune in to BBC Radio Norfolk/Suffolk for weather forecasts and local information.
- Fasten your outer doors and fix any flood protection devices.
- Shut off your gas/electric supplies show on a plan where this is as well as give details of how to do this. Do not touch electrics if already wet.
- Fill bath and buckets with water in case supply is shut off. Drinking water should be stored in clean containers.
- Move any important documents, valuables and sentimental items above the flood level or protect them by placing them in sealed plastic bags.
- Move furniture and electrical items if possible. Roll up carpets and rugs. Remove curtains, or hang them over rods.
- Consider moving vehicles to higher ground and make safe or secure any large or loose items outside that could cause damage if moved by floodwater.
- Ensure any hazardous materials are safe and secure and do not create any additional risks by coming in contact with flood waters
- Tie or anchor down equipment that could potentially float and cause an additional hazard (e.g. containers used for storage).

- Tell your neighbours about the warning, especially if they are elderly or vulnerable. Consider coordinating plans with neighbours.
- If advised to do so, move to an identified Evacuation Centre or other safe place (such as a friend or relative). If it is not possible to evacuate, move to a safe refuge. If the property is single storey, move to an identified refuge place with nearby neighbours with safe, higher level accommodation.
- Take essential medicines, infant care items, personal documents/identification for each member of the family when you evacuate.
- Take food, clothes, blankets, candles/torches with you when you evacuate.
- Remember any pets (and their needs such as food, cages and litter trays).
- Notify visitors to the site that it is not safe.

## **Flood Kit**

The flood kit should include essential items, be stored in the refuge area and be as easily accessible as possible. The flood kit could contain:

- Copies of insurance documents
- A torch with spare batteries (or a wind up torch)
- Portable radio (wind-up preferred or store spare batteries)
- Warm, waterproof clothing.
- Rubber gloves
- Wellingtons
- Blankets
- First aid kit with essential prescription medication/repeat prescription form
- Bottled water and high energy food snacks (non-perishable and check use by dates)
- A copy of the Flood response plan
- List of important contact numbers
- Wash kit and essential toiletries (such as toilet paper and wet wipes)
- Children's essentials (such as milk, baby food, sterilised bottles, wipes, nappies, nappy bags, clothing, comforter, teddy or favourite toy)
- Food and cages for pets
- Laminated copy of the emergency card in the FRP
- Plus anything else you consider important.

#### **Dangers of flood water**

Include the dangers associated with flooding in your FEP. Do not assume that every flood event will be the same, just because flood water hasn't been deep or flowed fast in the past, it doesn't mean it won't in future. A brief guide is given below:

#### **REMEMBER!**

- Don't walk through flowing water currents can be deceptive. Shallow and fast moving water can knock you off your feet!
- Don't swim through fast flowing water you may get swept away or struck by an object in the water
- If you *have* to walk in standing water, **use a pole or stick** to ensure that you do not step into deep water, open manholes or ditches. Use the stick to 'feel' your way.

- **Don't drive through a flooded area**. You may not be able to see obstacles under the water or abrupt drop-offs. Even half a meter of flood water can carry a car away.
- Avoid contact with water as it may be contaminated with sewerage, chemicals, oil or other substances.

## Re-occupation after a flood

Re-occupation of flooded premises should only be carried out following consultation with the emergency services and appropriate authorities. This is because of any residual hazards. A statement to this effect could usefully be included in the response plan.

When you can reoccupy, you shall need to:

- Safely throw away food that has been in contact with flood water it could be contaminated.
- Open doors and windows to ventilate your property.
- Call your insurance company Emergency Helpline as soon as possible. Makes notes of what the insurers say and keep correspondence with the insurers.
- Keep a record of the flood damage (use photographs or videos).
- Commission immediate emergency pumping/repair work if necessary, to protect your property from further damage. Check that you can do this without your insurance company's approval.
- Keep receipts of work paid for.
- Where detailed or lengthy repairs needed, get advice. Your insurer or loss adjuster can give advice on reputable contractors/tradesmen. Always check references of tradesmen.
- Check with your insurer regarding cost of alternative accommodation, if you need to move out. Ensure the insurer knows where to contact you.

# Cleaning up...

- Find out where you can get help to clean up. Look on the internet for suppliers of cleaning materials and equipment to dry out your property. As a guide, it can take a brick house one month per inch to dry out.
- Don't attempt to dry out photos or papers place in a plastic bag and if possible store in a fridge
- The Citizens Advice Bureau may be able to help.
- Don't think flooding will not happen again restock supplies and review your plan!

#### **Advice and information**

- List useful telephone numbers and website including responsible persons, emergency contacts, utilities providers, insurance companies and sources of information such as the local radio station.
- Provide residents/tenants with information on how to register with the Environment Agency's Floodline Warnings Direct service.
- It is good practice to display notices within properties (translated where foreign visitors may be present), outlining procedures to be followed, escape routes and evacuation plans